

Fruitport High School Athletic Department
June, 2010

Ken Erny, CAA
Athletic Director
"Teaching leadership and character in the quest for athletic excellence"


# 2009-10 Fruitport HS Athletics <br> CELEERRATION® 

Conference Championships
Volleyball
Girls Track
Greater Muskegon Athletic Association (GMAA) Championships
Volleyball
District Championships
Volleyball
Girls Soccer
Softball
Regional Champions
Volleyball

|  | $\mathcal{H C O O L} \mathscr{H} D E_{\varrho}$ |
| :---: | :---: |
| Academic All State Teams | Girls Basketball, Girls Soccer, Girls Tennis |

Academic All State Athletes Boys Soccer: Noah Armstrong, Chris Habener
Girls Soccer: Anna Carmean, Ashley Newmyer
Track: Rachel Folkmier, Mallory Vest
All State Athletes
Volleyball: Ashley Hulbert, Lauren Hazekamp
Boys Soccer: Jordan Laufersky
Track: (3200 relay) Jayna Stone, Rachel Folkmier, Mallory Vest, Bri
Pekel; Bri Pekel also in the 400 m run.
$\underline{\text { Hon Mention All State }}$
Girls Soccer: Nikki Stromberg
Girls Tennis: Ann Pohlmann

## £iǵbificant Accomplishanents

The Girls track team won its fourth consecutive Conference Track Championship.
The Girl's soccer team upset \#1 ranked Spring Lake in the District semi-finals after losing to them twice in conference play. This preceded a come from behind win over Cedar Springs to win the District Championship.

The Trojan Volleyball team continued their winning ways, taking home Conference, GMAA, District, and Regional championships.

Some long standing track and field records were broken this year: Briana Pekel (400 m) Erin Folkmier (300 hurdles); the 1600 relay team (Jayna Stone, Anna Stone, Dominique Jenkins, and Briana Pekel); and the 3200 relay team (Jayna Stone, Rachel Folkmier, Mallory Vest, and Briana Pekel).

Spring Coaches Bob Dorman (softball) and Dave Hulings (soccer) were District Coaches of the Year.
Competitive Cheer Coach Courtney McRobert and Volleyball Coach Nicole Bayle were named Lakes 8 Coach of the Year in their respective sports.

The Boys Bowling team qualified for State Finals.
Fruitport hosted championships in GMAA Wrestling, MHSAA Districts in Boys Basketball, Boys Soccer, and Girls Soccer.

Several teams participated in voluntary service projects this past year. The football team continued their elementary reading program, the construction of wheelchair ramps, and assisting the Lions Club with Old Fashioned Days activities. They also hosted football's first "pink out", raising over $\$ 4,000$, which was donated as a benefit to a family in need in their battle with cancer. The Boys Basketball and Boys Soccer teams joined forces with No More Sidelines and ran activities and clinics for special needs athletes. The Girls Basketball teams raised funds and awareness in the fight against cancer by contributing to local and national needs.

## Senior Scholar Athlete Awards

| US MARINE CORPS <br> An exemplary citizen who has exhibited the personal traits of courage, poise, and selfconfidence as a varsity athlete. | Andrew Tran <br> Kym Butler |
| :---: | :---: |
| US ARMY RESERVE <br> On the behalf of the US Army Reserve and its 180,000 citizen soldiers serving our nation, I am proud to award a medallion and certificate to two students who have shown outstanding ability in both athletics and academics. | Ethan Bell <br> Ashley Hulbert |
| DETROIT FREE PRESS ATHLETE OF THE YEAR (to be run June 6) | Noah Armstrong |
| MUSKEGON CHRONICLE FEMALE STUDENT ATHLETE OF THE YEAR | Erin Folkmier |
| MUSKEGON CHRONICLE MALE STUDENT ATHLETE OF THE YEAR | Mario Flores |
| ATHLETIC FOUNDATION outstanding <br> Achievement Award 2010 <br> The award recognizes 8 athletes who have contributed to multiple sports and have earned 6 or more Varsity letters in their HS career. These represent the best of the best: contributing as leaders on our teams throughout the school year. Not so coincidentally, 4 of these athletes are 3 sport athletes (two of which have earned straight A's for their entire career), and 4 played 2 sports. The average GPA of these $\mathbf{8}$ student athletes: 3.4. | Noah Armstrong <br> Karlyn Crotty <br> Mario Flores <br> Anna Stone <br> Jayna Stone <br> Andrew Tran <br> Jessica Vanderlaan <br> Amaris Vest |
| Fruitport HS Senior Student Athletes of the Year 2009-10 <br> Selected by HS coaching and teaching staff, a multiple sport athlete with $3.4+$ GPA and has exemplified leadership, sportsmanship, athletic and academic talent. | Male Athlete of the Year: <br> Noah Armstrong- <br> Participated in tennis, soccer, and basketball. Earned 7 varsity letters. Academic All State in Soccer and Tennis. 4.1 GPA. |
| This award includes a $\$ 100$ check from the Umpires of the Shoreline Officials Association, recognizing Fruitport's top 2 student athletes for their athletic talent, scholarship, and sportsmanship demonstrated throughout their high school career. | Female Athlete of the Year: <br> Amaris Vest; <br> Participated in golf, basketball, and softball. 6 <br> Varsity Letters 4.0 GPA. |

# 2009-104lb Confererce Athbetes 

Fall
Volleyball

Football

Soccer

B Tennis
XC
G Golf
Winter
Bowling
$\begin{array}{lc}\text { B Basketball } & ---- \\ \text { G Basketball } & ---- \\ \text { Wrestling } & ---- \\ \text { Kilgore } \\ \text { C Cheer } & \text { Emma Lavengood, Kaitlyn Johnson }\end{array}$
Spring
Baseball
Softball
B Track

G Track

G Tennis Ann Pohlmann, Delaney Mullenix, Samantha Geile

B Golf
G Soccer Ashley Newmyer, Nikki Stromberg, Lindsay Armstrong

Second Team<br>Brianna Geile

Mario Flores, Roy Scarbrough, Jake Wolf, Mike Reyes

Noah Armstrong, Chris Habener, Ty Rebone

Jon Sullivan
Kevin Kyle

Josh Shreve, Ana Portigliotti, Caitlin Alvair

Amaris Vest
Dave VanBergen, Travis Chorney, Dexter
Brittney McPheron, Haily George

Nikki Crampton

Markus Lenior, Travis Leech
Toni Parker; Toni Kamp; J. Stone; E. Folkmier, K. Butler, T. Parker, K. Fors

Emily Hoffman
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Lyndsey Haan, Lauren Hazekamp

| Football |
| :--- |
| Spring Lake |
| Fremont |
| Orchard View |
| Grant |
| Fruitport |
| Ludington |
| Tri County |
| Newaygo |


| Boys Soccer |
| :--- |
| Spring Lake |
| Fruitport |
| Ludington tie |
| Newaygo tie |
| Orchard View |
| Fremont |
| Grant tie |
| Tri County tie |


| Boys XC |
| :--- |
| Fremont |
| Spring Lake |
| Ludington |
| Fruitport |
| Orchard View |
| Grant |
| Newaygo |
| Tri County |


| Girls XC |
| :--- |
| Spring Lake |
| Fruitport |
| Ludington |
| Grant |
| Newaygo |
| Orchard View |
| Tri County |
| Fremont |


| Boys Tennis |
| :--- |
| Spring Lake |
| Ludington |
| Grant |
| Fremont |
| Fruitport |


| Girls Golf |
| :--- |
| Spring Lake |
| Ludington |
| Tri County |
| Newaygo |
| Fruitport |


| Volleyball |
| :--- |
| Fruitport |
| Fremont (tie) |
| Spring Lake (tie) |
| Newaygo |
| Grant |
| Ludington |
| Orchard View |
| Tri County |


| Boys Basketball |
| :--- |
| Ludington |
| Spring Lake |
| Tri County |
| Fremont |
| Orchard View |
| Grant |
| Newaygo |
| Fruitport |


| Girls Basketball |
| :--- |
| Spring Lake |
| Ludington |
| Grant (tie) |
| Fremont (tie) |
| Tri County |
| Fruitport (tie) |
| Newaygo (tie) |
| Orchard View |


| Wrestling |
| :--- |
| Spring Lake |
| Fruitport |
| Grant |
| Tri County |
| Fremont |
| Orchard View |
| Newaygo |
| Ludington |


| Competitive Cheer |
| :--- |
| Spring Lake |
| Fruitport |
| Fremont |
| Tri County |
| Grant |
| Newaygo |


| Boys Bowling |
| :--- |
| Orchard View |
| Fremont |
| Fruitport |
| Ludington |
| Tri County |


| Girls Bowling |
| :--- |
| Fremont |
| Ludington |
| Fruitport |
| Orchard View |
| Tri County |

## 2009-10

ALL SPORT

## STANDINGS

| Overall Final Standings |  |
| :--- | ---: |
| Spring Lake | 1345 |
| Fremont | 1065 |
| Fruitport | $\mathbf{1 0 5 0}$ |
| Ludington | 945 |
| Orchard View | 780 |
| Grant | 645 |
| Tri County | 635 |
| Newaygo | 455 |


| Baseball |
| :--- |
| Fremont |
| Orchard View |
| Spring Lake (tie $3^{\text {rd }}$ ) |
| Tri County (tie $3^{\text {rd }}$ ) |
| Ludington (tie $5^{\text {th }}$ ) |
| Newaygo (tie $5^{\text {th }}$ ) |
| Grant |
| Fruitport |


| Softball |
| :--- |
| Spring Lake |
| Fremont |
| Fruitport |
| Orchard View |
| Newaygo |
| Tri County |
| Grant (tie) |
| Ludington (tie) |


| Boys Track |
| :--- |
| Orchard View |
| Fremont (tie) |
| Spring Lake (tie) |
| Fruitport |
| Grant |
| Newaygo |
| Ludington (tie) |
| Tri County (tie) |


| Girls Track |
| :--- |
| Fruitport (tie) |
| Grant (tie) |
| Spring Lake |
| Ludington |
| Fremont |
| Orchard View |
| Tri County |
| Newaygo |


| Girls Soccer |
| :--- |
| Spring Lake |
| Fruitport |
| Ludington |
| Orchard View |
| Tri County |
| Fremont |
| Grant (tie) |
| Newaygo (tie) |


| Girls Tennis |
| :--- |
| Spring Lake |
| Ludington |
| Fruitport |
| Grant |
| Fremont |
| Orchard View |


| Boys Golf |
| :--- |
| Spring Lake |
| Fremont |
| Ludington |
| Orchard View |
| Tri County |
| Fruitport |
| Grant |
| Newaygo |



