



What's on the Menu?

Fruitport Elementary Menu December 4

Day 1	Day 2	Day 3	Day 4	Day 5
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Breakfast				
Free Breakfast for All Students				
Breakfast Sandwich	Waffles WG Waffles, Sausage Patty	Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola 	Breakfast Pizza Sausage Breakfast Pizza	French Toast Sticks 

Lunch				
Hamburger All-Beef Patty. Served with Tater Tots Fresh Vegetables & Fruit	Walking Taco Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit	Mini Pancakes Mini Pancakes, Sausage Patty Fresh Vegetables & Fruit	Corn Dog Fresh Vegetables & Fruit	School Pepperoni Pizza Traditional Square Pizza Fresh Vegetables & Fruit
2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)

Lunch Prices

Full Pay: \$2.65

Reduced Pay: \$0.40

Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



Locally Grown

This institution is an equal opportunity provider.

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What's on the Menu?

Fruitport Middle & High Schools: December 4

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

Breakfast Sandwich

Waffles

WG Waffles, Sausage Patty

Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



Breakfast Pizza

Sausage Breakfast Pizza

French Toast Sticks



STUDENT CHOICE FOOD YOUR WAY

Chili Cheese Fries

French Fries topped with a Creamy Cheese Sauce and choice of diced vegetables.

Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans.
Served with Salsa & Sour Cream

Meatball Sub

Beef Meatballs in a rich Tomato Sauce on a Sub Bun and topped with Mozzarella Cheese

Ravioli Bar

Choice of Marinara or Alfredo on Cheese Stuffed Ravioli

Stir-Fry Bar

Orange Chicken or General Tso's with Fried Brown Rice

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*

BUILD pizza by design

Chicken Bacon Ranch Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Buffalo Chicken Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25

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Vegetarian



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What's on the Menu?

Fruitport Elementary Menu December 11

Day 1	Day 2	Day 3	Day 4	Day 5
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Breakfast

Free Breakfast for All Students

Waffles Buttermilk Waffles, Sausage Patty	Scrambled Egg Bowl Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese	Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola	Cheese Omelet Soft Eggs folded over Colby Cheese. Served with a Buttermilk Biscuit	Sausage Breakfast Sandwich Sausage Patty and Buttermilk Biscuit
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Lunch

Fried Chicken Crispy Fried Chicken Fresh Vegetables & Fruit	Walking Taco Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit	Breakfast Sandwich Sasuusage, Eggs, Cheese Stuffed into a Biscuit Pocket Fresh Vegetables & Fruit	Hot Dog Fresh Vegetables & Fruit	Mac & Cheese Fresh Vegetables & Fruit
2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)

Lunch Prices

Full Pay: \$2.65

Reduced Pay: \$0.40

Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

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What's on the Menu?

Fruitport Middle & High Schools: December 11

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

Waffles

Buttermilk Waffles,
Sausage Patty

Scrambled Egg Bowl

Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese

Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



Cheese Omelet

Soft Eggs folded over Colby Cheese. Served with a Buttermilk Biscuit



Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit



Buffalo Chicken Dip

Diced Chicken in a creamy Mozzarella Cheese, Cream Cheese, and Buffalo Sauce mix. Served with Pretzels

Taco Salad

Choice of Fajita Chicken or Beef Taco Meat on a bed of Lettuce, Complete your salad with Tomato, Onions, Peppers, Shredded Cheese and Salsa & Zesty Ranch

Waffles

WG Waffles, Sausage Patty, Tater Tots

French Bread Pizza

Classic French Bread topped with tomato sauce and Cheese. Served with French Fries

Fried Chicken

Crispy Fried Chicken Quarters. Served with Mashed Potatoes and Gravy, Coleslaw

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*



Supreme Pizza

BBQ Pizza

Taco Pizza

Mushroom Pizza

Meatball Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



Vegetarian



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What's on the Menu?

Fruitport Elementary Menu December 18

Day 1	Day 2	Day 3	Day 4	Day 5
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Breakfast

Free Breakfast for All Students

WG Muffin Served with String Cheese 	Breakfast Wrap Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla	Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola 	Baked Cinnamon Apple Oatmeal Warm Oatmeal mixed with Cinnamon and Apple Slices 	 <small>PicMix</small>
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Lunch

Classic Cheeseburger American Cheese on an All-Beef Patty. Served with Tater Tots Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Walking Taco Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	School Pepperoni Pizza Traditional Square Pizza Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Mini Corn Dogs Served with Tater Tots Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Christmas Break See you next year!
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Lunch Prices

Full Pay: \$2.65

Reduced Pay: \$0.40

Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



Vegetarian



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What's on the Menu?

Fruitport Middle & High Schools: December 18

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

WG Muffin

Served with String Cheese



Breakfast Wrap

Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla

Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



Baked Cinnamon Apple Oatmeal

Warm Oatmeal mixed with Cinnamon and Apple Slices



PicMix



Bacon Cheeseburger

Beef Patty, Cheese, Bacon on WG Bun. Served with Curly Fries

Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

School Pizza

Traditional Square Pizza. Served with Tater Tots

Mini Corn Dogs

Mini Corn Dogs with BBQ Sauce on the side. Served with Baked Beans

Christmas Break

See you next year!

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*



BBQ Pizza

Supreme Pizza

Taco Pizza

Mushroom Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



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